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Inauguration of 12 bedded dialysis unit at Nalbari Medical College and Hospital on 9th January, 2025

Under the Prime Minister's National Dialysis Scheme and National Health Mission, Assam; the 'Apollo Dialysis Clinic' constructed in collaboration with the Department of Health and Family Welfare, Government of Assam was inaugurated on 9th January, 2025 in Nalbari Medical College and Hospital by Hon'ble Minister of PHE and Tourism Shri Jayanta Mallabaruah. The clinic is equipped with four dialysis machines and will be able to provide dialysis services to a total of 12 patients per day. The NMCH will be equipped with such a life-saving facility under the guidance of Hon'ble Chief Minister Dr. Himanta Biswa Sarma.

A Report on Family Adoption Program Held in KMCH Coimbatore, Tamil Nadu

National conference on Family Adoption Programme, FAP and Community Oriented Medical Education (COME) initiatives in India was organised on 6th to 7th December, 2024 by KMCH Institute of Health Sciences and Research, Coimbatore by Department of Community medicine in collaboration with IAPSM Tamil Nadu Branch.

The conference aimed to establish a platform for experience sharing on various aspects of Family Adoption Program to evolve a compendium of good practises challenges faced with FAP implementation and adding value to community practice (CoP) through Community Oriented Medical Education (COME) and offering continuous guidance in developing and implementing Community Oriented Medical Education modules in India.

The conference which was preceded by a Preconference Workshop on the role of "PRA tools in FAP" as a part of COHERE 24, was attended by faculties of Community Medicine from different Medical Colleges of India along with the health administrators and senior staff of state and national level. The conference also offered opportunity to share the experience of different Medical Colleges of India through oral, poster and video presentations.

In order to represent Nalbari medical College on national platform and to share the experience on FAP, a team from Department of Community Medicine comprising Prof (Dr) Debadeep Kalita and Dr Ashok Jyoti Deka, Associate Professor participated in the conference and preconference workshop on "Role of PRA tools of FAP" on 6th and 7th December, 2024.

Prof (Dr) Debadeep Kalita and Dr Ashok Jyoti Deka presented an oral paper on "Family Adoption Program : Learning from a Newly Established Rural Medical College of North East India", where they shared the experience on FAP conducted by Nalbari Medical College on national platform.

A video prepared by Phase II to students of Nalbari Medical Colleges was also displayed at the conference venue.

The Department of Community Medicine expresses sincere gratitude to Prof (Dr) Babul Kumar Bezbaruah, the Principal cum Chief Superintendent of Nalbari Medical College for motivating and allowing the Community Medicine team to attend the conference.

Innauguration of 160 slice CT Scan Machine at Nalbari Medical College on 20th September, 2024

On September 20, 2024, Nalbari Medical College witnessed a significant advancement in medical technology with the inauguration of a state-of-the-art 160-slice CT scan machine. This

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cutting-edge equipment is set to revolutionize diagnostic capabilities at the college, enabling faster and more accurate imaging for a wide range of medical conditions.

The inauguration ceremony was graced by Shri Jayanta Malla Baruah, Hon'ble Minister of PHE, Skill, Employment & Entrepreneurship and Tourism, Govt of Assam and attended by notable dignitaries, including senior medical professionals, government officials, and members of the local community. The event marked a major step forward for healthcare in the region, promising enhanced patient care through improved diagnostic precision.

With the installation of this advanced CT scan machine, Nalbari Medical College can now offer more detailed images of internal organs, bones, soft tissues, and blood vessels, benefiting patients with conditions such as cardiovascular diseases, cancer, and neurological disorders. The machine's 160-slice capability allows for high-speed imaging, reducing the time required for scans and minimizing patient discomfort.

The introduction of this technology aligns with the government's efforts to modernize healthcare facilities across Assam and ensure that high-quality medical services are accessible to all. Nalbari Medical College continues to expand its offerings and enhance its infrastructure, reaffirming its commitment to providing top-notch healthcare to the people of the region.

This new CT scan machine is expected to significantly reduce wait times for diagnostic services, enabling quicker treatment decisions and improving overall patient outcomes.

Celebration of "World Suicide Prevention day" at Nalbari Medical College

On 10th September 2024, the **Department of Psychiatry at Nalbari Medical College and Hospital (NMCH)** organized a meaningful observance of **World Suicide Prevention Day**. The event aimed to raise awareness about suicide prevention, promote mental health, and reduce the stigma surrounding mental health challenges.

The day commenced with an inaugural address by Dr. Utpal Bora, Head of the Department of Psychiatry, who stressed the importance of timely interventions and community support in preventing suicide. A panel discussion followed, featuring mental health experts who highlighted the need for early detection of emotional distress and shared practical strategies for mental health management.

The dias was graced by Prof (Dr) Babul Kumar Bezbaruah, Prof (Dr) Bonti Bora, Dr Madhab Chandra Rajbangshi and Dr Utpal Borah on the occasion.

The Department of Psychiatry at NMCH reaffirmed its commitment to supporting mental health in the community and providing accessible mental health care to those in need.

Historic Memorandum of Understanding (MoU) signing between AIIMS Guwahati and Nalbari Medical College on 26th July 2024

We are pleased to announce that a Memorandum of Understanding (MoU) was signed between AIIMS Guwahati and Nalbari Medical College and Hospital (NMCH) on 26th July, 2024 at AIIMS Guwahati premises in the August presence of Honourable Minister of PHE, Tourism and Entrepreneurship, Shri Jayanta Mallabaruah for the benefit of patients in Nalbari and surrounding areas. It is a matter of great pride that this is the first example of such a Memorandum of Understanding between AIIMS and a regional hospital in the whole of India.

This much-needed MoU will serve on the following basis:

1.Super Specialty Services: AIIMS Guwahati will provide Neurology, Neurosurgery, Nephrology, Urology and Cardiology services to NMCH as required.

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2. Collaborative Training and Research: Both the institutes will engage in collaborative training and research programs to provide scientific knowledge for social benefit.

3. Advanced Surgical Services: AIIMS Guwahati will perform important Neurosurgery and Uro-Surgery at NMCH for serious and non-transferable patients.

4. Teachers and Doctors Support: AIIMS Guwahati teachers will provide medical services to patients at NMCH as required.

Health camp at Barkhala MPHC organized by Department of Community Medicine under the Family Adoption Program mandated by National Medical Commission.

In a commendable initiative aimed at promoting community health and wellness, doctors and students from Nalbari Medical College joined hands today to conduct a comprehensive health camp in Barkhala MPHC encompassing Barkhala and Thanpatkuchi villages. This collaborative effort, organized by Department of Community Medicine on 27th June, 2024 under the aegis of Family Adoption Program (Mandated by NMC) brought much-needed medical care and attention to residents of these rural areas, underscoring the college's commitment to serving the local community.

The health camp, which commenced early in the morning, witnessed enthusiastic participation from medical professionals, faculty members, and eager medical students. The event was strategically designed to address various healthcare needs prevalent among villagers, including general health check-ups, screening for chronic diseases, and awareness sessions on hygiene and preventive healthcare measures.

Under the guidance of experienced doctors from Departments of Medicine, Surgery, Obstetrics & Gynaecology, Paediatrics, ENT and Dermatology, the medical students played a pivotal role in conducting preliminary examinations, recording vital signs like Blood Sugar, HB% estimation, BMI estimation etc and assisting in patient education. This hands-on experience not only enriched their clinical skills but also fostered a spirit of empathy and social responsibility among the future healthcare providers.

Throughout the day, villagers from Barkhala and Thanpatkuchi availed themselves of the opportunity to consult with specialists across various medical disciplines, receive free medications, and gain valuable insights into leading a healthier lifestyle. The camp also featured interactive sessions on nutrition, maternal health, and the importance of vaccination, tailored to address specific local health challenges.

The organizers expressed gratitude to Prof (Dr) Babul Kumar Bezbaruah, Principal cum Chief Superintendent of Nalbari Medical College, Dr Madhab Ch Rajbangshi, Medical Superintendent of Nalbari Medical College, local administration, community leaders, and volunteers whose support was instrumental in ensuring the smooth conduct of the health camp. Their collaborative efforts helped reach out to a significant number of villagers, fostering a positive impact on community health.

As the sun set on a successful day, the sentiment of hope and gratitude resonated among both organizers and beneficiaries alike. The health camp at Barkhala and Thanpatkuchi villages not only provided essential healthcare services but also strengthened the bonds between Nalbari Medical College and the surrounding communities, promising a healthier future for all.

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Innauguration of State of the art Blood centre at Nalbari Medical College

We are thrilled to announce the inauguration of the state-of-the-art blood centre at Nalbari Medical College. The inaugural ceremony was graced by Prof (Dr) Babul Kumar Bezbaruah (Principal cum Chief Superintendent), Dr Madhab Ch Rajbangshi (Medical Superintendent) and other esteemed faculty members of various departments. This new facility is equipped with the latest technology and equipment to provide high-quality blood services to the community. The blood centre will play a crucial role in ensuring a safe and adequate blood supply for patients in need. With advanced testing capabilities and strict quality control measures in place, patients can rest assured that they are receiving safe and reliable blood products. In addition to providing blood for transfusions, the centre will also offer services such as blood typing, cross-matching, and antibody screening. This will help healthcare providers make informed decisions about the best treatment options for their patients.

Village outreach program by Department of Surgery of Nalbari Medical College

The Department of Surgery, Nalbari Medical College conducted a village outreach program on 16th June, 2024 which aimed at providing medical assistance and education to rural communities. The program was designed to address the healthcare needs of underserved populations and raise awareness about common health issues. A team of surgeons, nurses, and medical professionals led by Prof (Dr) Narendra Nath Ganguly and Medical Superintendent, Dr Madhab Ch Rajbangshi visited TIHU FRU to offer medical consultations, screenings, and treatments. They also conducted health education sessions on topics such as hygiene, nutrition, and disease prevention. During the outreach program, the team identified and treated various health conditions, including infections, injuries, and chronic diseases. They also provided referrals for more specialized care when needed. Nalbari Medical College plans to hold such outreach programs fortnightly on a regular basis

Innauguration of Endoscopy service at Nalbari Medical College & Hospital

Upper GI and Lower GI endoscopy services were formally innaugurated on 5th January, 2024 by Principal cum Chief Superintendent, Prof (Dr) Babul Kr Bezbaruah, Medical Superintendent, Dr Madhab Ch Rajbangshi in presence of esteemed faculties and staff of Nalbari Medical College & Hospital.

Innauguration of e-Sanjeevani portal in Nalbari Medical College

The e-Sanjeevani portal was formally innaugurated by Dr Madhab Ch Rajbangshi, Medical Superintendent of Nalbari Medical College & Hospital on 3rd January, 2024 in presence of Addl Superintendent, Dr Balen Deka, Deputy Superintendent, Dr Ashok Jyoti Deka and other eminent Faculty members of different clinical subjects.

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